

S O S !

send a card to cheer	serve or provide a meal	bring Blessing Box food	call one who may be lonely
learn more about one of the SOS options	donate to a charity	volunteer somewhere you have not been	do something that challenges you
gather friends & volunteer together	help with VBS	help a "neighbor"	give cold water to those in the heat
pray for those on prayer list	make/take "treats"	you choose!	tell someone your faith story